

⑧ Hwa-Rang-Hyong

(koreanische Jugendorganisation ca. 500 n. Chr.)



chunbi *moa sogi*

1	<i>kima sogi</i>	chungdan	changkwon	miro	makki
2	<i>kima sogi</i>	chungdan	chonkwon		chirugi
3	<i>kima sogi</i>	chungdan	chonkwon		chirugi
4	<i>hugul sogi</i>		ssang pakkat palmok		makki
5	<i>hugul sogi</i>	chungdan	pakkat palmok	anuro	makki
6	<i>gochung sogi</i>	chungdan	chonkwon	pandae	chirugi
7	<i>sujik sogi</i>		sudo	naeryo	taerigi
8	<i>chongul sogi</i>	chungdan	chonkwon	paro	chirugi
9	<i>chongul sogi</i>	hadan	pakkat palmok	yop	makki
10	<i>chongul sogi</i>	chungdan	chonkwon	paro	chirugi
11	(linke Hand fasst rechte Faust, dabei Ellbogen leicht beugen und linken Fuß zum rechten Fuß)				
12		chungdan	yop chagi		
	<i>hugul sogi</i>	chungdan	sudo		taerigi
13	<i>chongul sogi</i>	chungdan	chonkwon	paro	chirugi
14	<i>chongul sogi</i>	chungdan	chonkwon	paro	chirugi
15	<i>hugul sogi</i>	chungdan	sudo	taebi	makki
16	<i>chongul sogi</i>	chungdan	chongkwansu		tulki
17	<i>hugul sogi</i>	chungdan	sudo	taebi	makki
18		sangdan	dolyo chagi		
19		sangdan	dolyo chagi		
	<i>hugul sogi</i>	chungdan	sudo	taebi	makki
20	<i>chongul sogi</i>	hadan	pakkat palmok		makki
21	<i>hugul sogi</i>	chungdan	chonkwon	paro	chirugi
22	<i>hugul sogi</i>	chungdan	chonkwon	paro	chirugi
23	<i>hugul sogi</i>	chungdan	chonkwon	paro	chirugi
24	<i>chongul sogi</i>	hadan	kyocha	nullo	makki
25	<i>hugul sogi</i>	chungdan	dyt	palkup	tulki
26	<i>moa sogi</i>	chungdan	an palmok	yop	makki
		hadan	pakkat palmok	yop	makki
27	<i>moa sogi</i>	chungdan	an palmok	yop	makki
		hadan	pakkat palmok	yop	makki
28	<i>hugul sogi</i>	chungdan	sudo	taebi	makki
29	<i>hugul sogi</i>	chungdan	sudo	taebi	makki